

Applied Maths Induction Workshop 1 – Accelerated Linear Motion – Solutions

2010 – Ordinary Level – Question 1

A car travels along a straight level road.

It passes a point P at a speed of 12 m/s and accelerates uniformly for 6 seconds to a speed of 30 m/s .

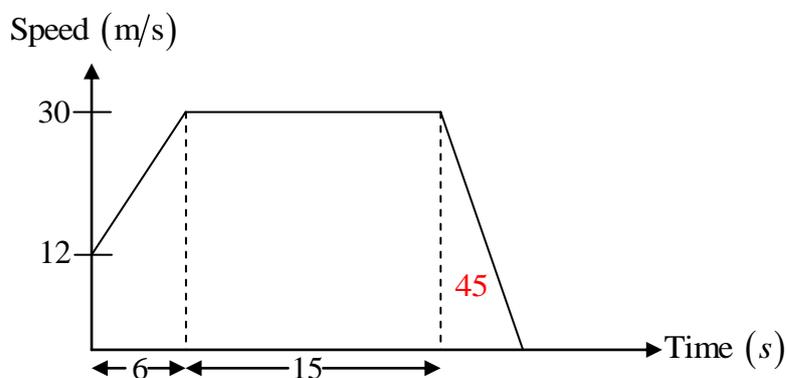
It then travels at a constant speed of 30 m/s for 15 seconds.

Finally the car decelerates uniformly from 30 m/s to rest at a point Q .

The car travels 45 metres while decelerating.

- Find
- the acceleration
 - the deceleration
 - $|PQ|$, the distance from P to Q
 - the average speed of the car as it travels from P to Q .

Solution



Acceleration

$$\left. \begin{array}{l} u = 12 \\ v = 30 \\ t = 6 \end{array} \right\} v = u + at \Rightarrow a = \frac{v - u}{t} \Rightarrow a = \frac{30 - 12}{6} \Rightarrow \boxed{a = 3\text{ m/s}^2} \dots(\text{i})$$

Deceleration

$$\left. \begin{array}{l} u = 30 \\ v = 0 \\ s = 45 \end{array} \right\} v^2 = u^2 + 2as \Rightarrow a = \frac{v^2 - u^2}{2s} \Rightarrow a = \frac{0 - 900}{90} \Rightarrow \boxed{a = -10\text{ m/s}^2} \dots(\text{ii})$$

(iii) Distance from P to Q equals area under graph

$$\begin{aligned} &= (6 \times 12) + \left(\frac{1}{2} \times 6 \times 18 \right) + (15 \times 30) + 45 \\ &= \boxed{621 \text{ metres}} \end{aligned}$$

(iv) Average Speed = $\frac{\text{Total Distance}}{\text{Total Time}}$

Firstly, must find time elapsed during deceleration phase:

$$\left. \begin{array}{l} u = 30 \\ v = 0 \\ a = -10 \end{array} \right\} v = u + at \Rightarrow t = \frac{v - u}{a} \Rightarrow t = \frac{0 - 30}{-10} \Rightarrow t = 3$$

$$\Rightarrow \text{Total Time} = 6 + 15 + 3 = 24 \text{ seconds}$$

$$\Rightarrow \text{Average Speed} = \frac{621}{24} \approx \boxed{26 \text{ seconds}}$$

2007 – Ordinary Level – Question 1

A car travels from p to q along a straight level road.

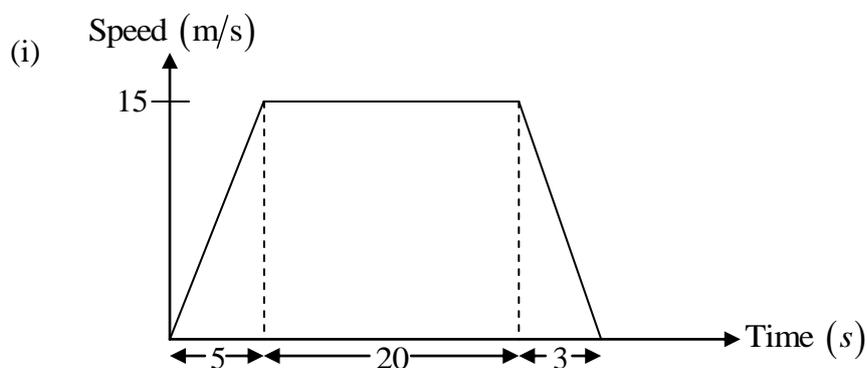
It starts from rest at p and accelerates uniformly for 5 seconds to a speed of 15 m/s.

It then moves at a constant speed of 15 m/s for 20 seconds.

Finally the car decelerates uniformly from 15 m/s to rest at q in 3 seconds.

- Draw a speed-time graph of the motion of the car from p to q .
- Find the uniform acceleration of the car.
- Find the uniform deceleration of the car.
- Find $|pq|$, the distance from p to q .
- Find the speed of the car when it is 13.5 metres from p .

Solution



- (ii) Acceleration

$$\left. \begin{array}{l} u = 0 \\ v = 15 \\ t = 5 \end{array} \right\} v = u + at \Rightarrow a = \frac{v-u}{t} \Rightarrow a = \frac{15-0}{5} \Rightarrow \boxed{a = 3 \text{ m/s}^2}$$

- (iii) Deceleration

$$\left. \begin{array}{l} u = 15 \\ v = 0 \\ t = 3 \end{array} \right\} v = u + at \Rightarrow a = \frac{v-u}{t} \Rightarrow a = \frac{0-15}{3} \Rightarrow \boxed{a = -5 \text{ m/s}^2}$$

(iv) $|pq| = \text{Area under graph} = \left[\frac{1}{2} \times 5 \times 15 \right] + [20 \times 15] + \left[\frac{1}{2} \times 3 \times 15 \right]$

$$= 37.5 + 300 + 22.5$$

$$= \boxed{360 \text{ m}}$$

- (v) Reaches 13.5 m from p during acceleration phase.

$$\left. \begin{array}{l} u = 0 \\ a = 3 \\ s = 13.5 \end{array} \right\} v^2 = u^2 + 2as \Rightarrow v = \sqrt{u^2 + 2as} \Rightarrow v = \sqrt{0 + (2)(3)(13.5)} \Rightarrow \boxed{v = 9 \text{ m/s}}$$

2007 – Higher Level – Question 1(b)

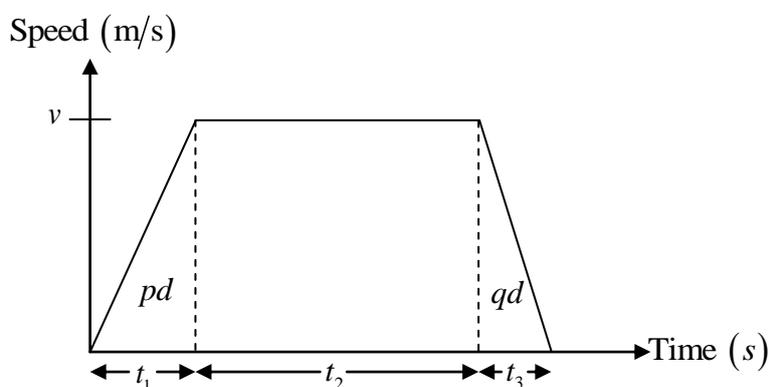
A train accelerates uniformly from rest to a speed v m/s.

It then continues at this speed for a period of time and then decelerates uniformly to rest.

In travelling a total distance d metres the train accelerates through a distance pd metres and decelerates through a distance qd metres, where $p < 1$ and $q < 1$.

- (i) Draw a speed-time graph for the motion of the train.
- (ii) If the average speed of the train for the whole journey is $\frac{v}{p+q+b}$, find the value of b .

Solution



$$\text{Average Speed} = \frac{\text{Total Distance}}{\text{Total Time}}$$

We know that the total distance is d . We therefore need to find the time for each section of the journey.

Acceleration

$$\text{Area under graph} = pd \quad \Rightarrow \quad \frac{1}{2}(t_1)(v) = pd \quad \Rightarrow \quad \boxed{t_1 = \frac{2pd}{v}}$$

Constant Speed

$$\text{Area under graph} = d - pd - qd \quad \Rightarrow \quad t_2v = d - pd - qd \quad \Rightarrow \quad \boxed{t_2 = \frac{d - pd - qd}{v}}$$

Deceleration

$$\text{Area under graph} = qd \quad \Rightarrow \quad \frac{1}{2}(t_3)(v) = qd \quad \Rightarrow \quad \boxed{t_3 = \frac{2qd}{v}}$$

$$\Rightarrow \quad \text{Total Time} = \frac{2pd}{v} + \frac{d - pd - qd}{v} + \frac{2qd}{v} = \frac{2pd + d - pd - qd + 2qd}{v} = \frac{d + pd + qd}{v}$$

$$\Rightarrow \text{Average Speed} = \frac{d}{\frac{d + pd + qd}{v}} = \frac{\cancel{d}v}{\cancel{d}(1 + p + q)} = \frac{v}{p + q + 1}$$

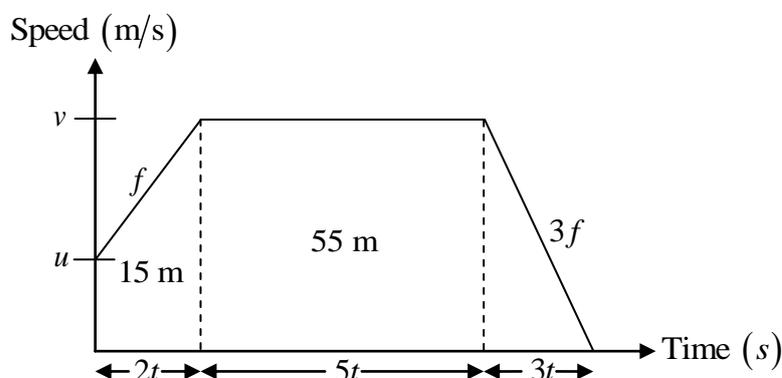
$$\text{But } \text{Average Speed} = \frac{v}{p + q + b} \Rightarrow \boxed{b = 1}$$

1999 – Higher Level – Question 1(b)

A particle travels in a straight line with constant acceleration f for $2t$ seconds and covers 15 metres. The particle then travels a further 55 metres at constant speed in $5t$ seconds. Finally the particle is brought to rest by a constant retardation $3f$.

- Draw a speed-time graph for the motion of the particle.
- Find the initial velocity of the particle in terms of t .
- Find the total distance travelled in metres, correct to two decimal places.

Solution



Constant Speed

$$5tv = 55 \quad \Rightarrow \quad v = \frac{11}{t}$$

Acceleration

$$\left. \begin{array}{l} u = u \\ a = f \\ t = 2t \\ s = 15 \\ v = \frac{11}{t} \end{array} \right\} \text{There is enough information here for two equations in } u \text{ and } f$$

$$s = ut + \frac{1}{2}at^2 \quad \Rightarrow \quad 15 = 2ut + 2ft^2 \quad \Rightarrow \quad f = \frac{15 - 2ut}{2t^2}$$

$$v = u + at \quad \Rightarrow \quad \frac{11}{t} = u + 2ft$$

$$\Rightarrow \quad 11 = ut + 2ft^2 \quad \Rightarrow \quad f = \frac{11 - ut}{2t^2}$$

$$\Rightarrow \quad 11 - ut = 15 - 2ut$$

$$\Rightarrow \quad ut = 4 \quad \Rightarrow \quad \boxed{u = \frac{4}{t} \text{ m/s}} \quad \dots(\text{ii})$$

(iii) Need to find distance travelled during deceleration:

$$\left. \begin{array}{l} u = \frac{11}{t} \\ v = 0 \\ a = -3f \end{array} \right\} v^2 = u^2 + 2as \quad \Rightarrow \quad s = \frac{v^2 - u^2}{2a} \quad \Rightarrow \quad s = \frac{0 - \frac{121}{t^2}}{-6f}$$

$$\Rightarrow s = \frac{121}{6ft^2}$$

$$\text{But } f = \frac{11 - ut}{2t^2} \quad \Rightarrow \quad f = \frac{11 - \left(\frac{11}{t}\right)t}{2t^2} \quad \Rightarrow \quad f = \frac{7}{2t^2}$$

$$\Rightarrow s = \frac{121}{6 \left(\frac{7}{2t^2} \right) t^2}$$

$$\Rightarrow s = \frac{121}{21} \approx 5.76 \text{ m}$$

$$\Rightarrow \text{Total distance travelled} \approx 15 + 55 + 5.76 = \boxed{75.76 \text{ m}}$$

2009 – Higher Level – Question 1(b)

A train accelerates uniformly from rest to a speed v m/s with uniform acceleration f m/s².

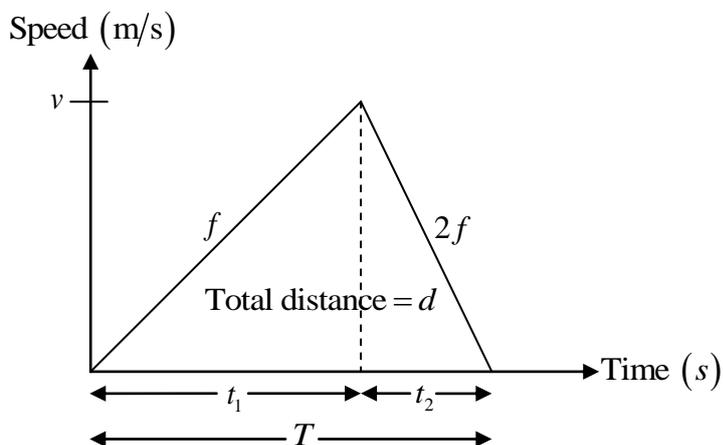
It then decelerates uniformly to rest with uniform retardation $2f$ m/s².

The total distance travelled is d metres.

(i) Draw a speed-time graph for the motion of the train.

(ii) If the average speed of the train for the whole journey is $\sqrt{\frac{d}{3}}$, find the value of f .

Solution



$$t_1 : t_2 = 2f : f = 2 : 1 \Rightarrow t_1 = \frac{2}{3}T \quad \text{and} \quad t_2 = \frac{1}{3}T$$

Acceleration

$$\left. \begin{array}{l} u = 0 \\ a = f \\ t = \frac{2}{3}T \end{array} \right\} v = u + at \Rightarrow v = \frac{2}{3}fT$$

$$d = \text{Area under graph} \Rightarrow d = \frac{1}{2}T \left(\frac{2}{3}fT \right) \Rightarrow d = \frac{fT^2}{3}$$

$$\text{Average Speed} = \frac{\text{Total Distance}}{\text{Total Time}} = \frac{d}{T} = \frac{fT}{3}$$

$$\text{But, Average Speed} = \sqrt{\frac{d}{3}} \Rightarrow \frac{fT}{3} = \sqrt{\frac{d}{3}} \Rightarrow \frac{f^2T^2}{9} = \frac{d}{3} \Rightarrow d = \frac{f^2T^2}{3}$$

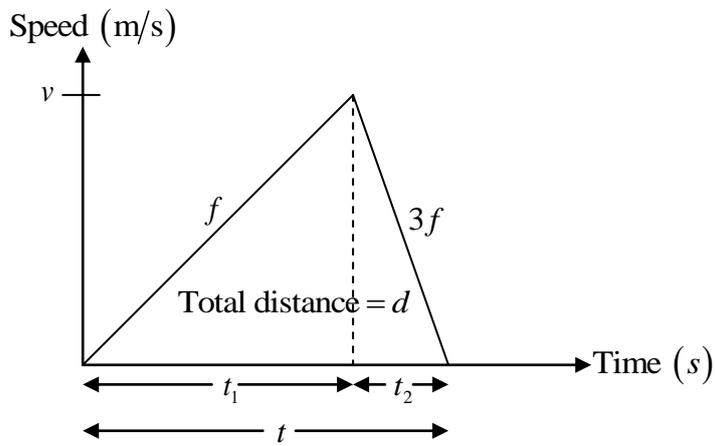
$$\Rightarrow \frac{fT^2}{3} = \frac{f^2T^2}{3} \Rightarrow f = f^2 \Rightarrow f(f-1) = 0 \Rightarrow \boxed{f=0} \quad \boxed{f=1}$$

2006 – Higher Level – Question 1(a)

A lift starts from rest. For the first part of its descent it travels with uniform acceleration f . It then travels with uniform retardation $3f$ and comes to rest. The total distance travelled is d and the total time taken is t .

- (i) Draw a speed-time graph for the motion.
- (ii) Find d in terms of f and t .

Solution



$$t_1 : t_2 = 3 : 1 \quad \Rightarrow \quad t_1 = \frac{3}{4}t \quad \text{and} \quad t_2 = \frac{1}{4}t$$

Acceleration

$$\left. \begin{array}{l} u = 0 \\ a = f \\ t = \frac{3}{4}t \end{array} \right\} v = u + at \quad \Rightarrow \quad v = \frac{3}{4}ft$$

$$d = \text{Area under graph} \Rightarrow d = \frac{1}{2}t \left(\frac{3}{4}ft \right) \quad \Rightarrow \quad d = \frac{3ft^2}{8}$$

2008 – Higher Level – Question 1(a)

A ball is thrown vertically upwards with an initial velocity of 39.2 m/s .

- Find (i) the time taken to reach the maximum height
(ii) the distance travelled in 5 seconds.

Solution

$$\left. \begin{array}{l} u = 39.2 \\ a = -9.8 \\ v = 0 \end{array} \right\} v = u + at \Rightarrow t = \frac{v - u}{a} \Rightarrow t = \frac{0 - 39.2}{-9.8} \Rightarrow \boxed{t = 4 \text{ s}} \dots(i)$$

- (ii) First five seconds: 4 seconds upwards, 1 second downwards.

Upwards

$$\left. \begin{array}{l} u = 39.2 \\ a = -9.8 \\ t = 4 \end{array} \right\} s = ut + \frac{1}{2}at^2 \Rightarrow s = (39.2)(4) + \frac{1}{2}(-9.8)(16) \Rightarrow s = 78.4 \text{ m}$$

Downwards

$$\left. \begin{array}{l} u = 0 \\ a = 9.8 \\ t = 1 \end{array} \right\} s = ut + \frac{1}{2}at^2 \Rightarrow s = (0)(1) + \frac{1}{2}(9.8)(1) \Rightarrow s = 4.9$$

$$\Rightarrow \text{Distance travelled in 5 seconds} = 78.4 + 4.9 = \boxed{83.3 \text{ m}}$$

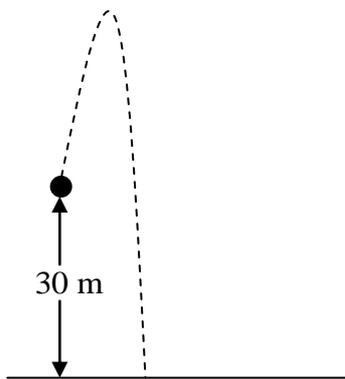
2002 – Higher Level – Question 1(a)

A stone is thrown vertically upwards under gravity with a speed of u m/s from a point 30 metres above the horizontal ground.

The stone hits the ground 5 seconds later.

- (i) Find the value of u .
- (ii) Find the speed with which the stone hits the ground.

Solution



(i)

$$\left. \begin{array}{l} a = -9.8 \\ s = -30 \\ t = 5 \end{array} \right\} s = ut + \frac{1}{2}at^2 \Rightarrow 2s = 2ut + at^2 \Rightarrow u = \frac{2s - at^2}{2t}$$
$$\Rightarrow u = \frac{-60 + 245}{10} \Rightarrow \boxed{u = 18.5 \text{ m/s}}$$

(ii)

$$\left. \begin{array}{l} u = 18.5 \\ a = -9.8 \\ t = 5 \end{array} \right\} v = u + at \Rightarrow v = 18.5 + (-9.8)(5) \Rightarrow \boxed{v = -30.5 \text{ m/s}}$$

$\Rightarrow 30.5$ m/s in a downward direction.

2008 – Higher Level – Question 1(b)

Two particles P and Q , each having constant acceleration, are moving in the same direction along parallel lines. When P passes Q the speeds are 23m/s and 5.5m/s , respectively. Two minutes later Q passes P , and Q is then moving at 65.5m/s .

- Find (i) the acceleration of P and the acceleration of Q
- (ii) the speed of P when Q overtakes it
- (iii) the distance P is ahead of Q when they are moving with equal speeds.

Solution

(i) Motion of P :

$$\left. \begin{array}{l} u = 23 \\ a = a_1 \\ t = 120 \end{array} \right\}$$

Motion of Q :

$$\left. \begin{array}{l} u = 5.5 \\ v = 65.5 \\ a = a_2 \\ t = 120 \end{array} \right\} v = u + at \Rightarrow a = \frac{v-u}{t}$$

$$\Rightarrow a_2 = \frac{65.5 - 5.5}{120} \Rightarrow \boxed{a_2 = \frac{1}{2} \text{m/s}^2}$$

Overtaking occurs when $s_1 = s_2$

$$s = ut + \frac{1}{2}at^2$$

$$s = ut + \frac{1}{2}at^2$$

$$\Rightarrow s = (23)(120) + \frac{1}{2}a_1(120^2)$$

$$\Rightarrow s = (5.5)(120) + \frac{1}{2}\left(\frac{1}{2}\right)(120^2)$$

$$\Rightarrow s = 2760 + 7200a_1$$

$$\Rightarrow s = 4260$$

$$\Rightarrow 2760 + 7200a_1 = 4260$$

...when overtaking occurs

$$\Rightarrow \boxed{a_1 = \frac{5}{24} \text{m/s}^2}$$

(ii) Motion of P :

$$\left. \begin{array}{l} u = 23 \\ a = \frac{5}{24} \\ t = 120 \end{array} \right\}$$

$$v = u + at \Rightarrow v = 23 + \frac{5}{24}(120) \Rightarrow \boxed{v = 48 \text{m/s}}$$

- (iii) Need to find the time at which $v_1 = v_2$ and then find the difference between s_1 and s_2 at this time.

Motion of P

$$\left. \begin{array}{l} u = 23 \\ a = \frac{5}{24} \\ t = t \end{array} \right\} v = u + at$$

$$v_1 = 23 + \frac{5}{24}t$$

Motion of Q

$$\left. \begin{array}{l} u = 5 \cdot 5 \\ a = \frac{1}{2} \\ t = t \end{array} \right\} v = u + at$$

$$v_2 = 5 \cdot 5 + \frac{1}{2}t$$

$$v_1 = v_2$$

$$\Rightarrow 23 + \frac{5}{24}t = 5 \cdot 5 + \frac{1}{2}t \quad \dots \text{multiply by 24}$$

$$\Rightarrow 552 + 5t = 132 + 12t$$

$$\Rightarrow 7t = 420$$

$$\Rightarrow t = 60$$

$$s_1 = (23)(60) + \frac{1}{2} \left(\frac{5}{24} \right) (60^2)$$

$$s_2 = (5 \cdot 5)(60) + \frac{1}{2} \left(\frac{1}{2} \right) (60^2)$$

$$s_1 = 1755$$

$$s_2 = 1230$$

$$1755 - 1230 = 525$$

\Rightarrow P is 525 metres ahead of Q when they are travelling with equal speeds.

2005 – Higher Level – Question 1(a)

Car *A* and car *B* travel in the same direction along a horizontal straight road.

Each car is travelling at a uniform speed of 20 m/s.

Car *A* is at a distance of d metres in front of car *B*.

At a certain instant car *A* starts to brake with a constant retardation of 6 m/s^2 .

0.5 s later car *B* starts to brake with a constant retardation of 3 m/s^2 .

Find (i) the distance travelled by car *A* before it comes to rest.

(ii) the minimum value of d for car *B* not to collide with car *A*.

Solution

(i) Car *A*

$$\left. \begin{array}{l} u = 20 \\ a = -6 \\ v = 0 \end{array} \right\} v^2 = u^2 + 2as \Rightarrow s = \frac{v^2 - u^2}{2a} \Rightarrow s = \frac{0 - 400}{-12} \Rightarrow \boxed{s = \frac{100}{3} \text{ m}}$$

(i) Car *B*

First 0.5 seconds

$$\left. \begin{array}{l} u = 20 \\ t = 0.5 \\ a = 0 \end{array} \right\} s = ut + \frac{1}{2}at^2$$

$$\Rightarrow s = (20)(0.5)$$

$$\Rightarrow s = 10$$

Afterwards

$$\left. \begin{array}{l} u = 20 \\ a = -3 \\ v = 0 \end{array} \right\} s = \frac{v^2 - u^2}{2a}$$

$$\Rightarrow s = \frac{0 - 400}{-6}$$

$$\Rightarrow s = \frac{200}{3}$$

$$\Rightarrow \text{Overall, it takes car } B \left(10 + \frac{200}{3}\right) = \frac{230}{3} \text{ metres to stop.}$$

$$\Rightarrow d \text{ must be at least } \frac{230}{3} - \frac{100}{2} = \boxed{\frac{130}{3} \text{ metres}}$$

2008 – Ordinary Level – Question 1

Four points a, b, c and d lie on a straight level road.

A car, travelling with uniform retardation, passes point a with a speed of 30 m/s and passes point b with a speed of 20 m/s.

The distance from a to b is 100 m. The car comes to rest at d .

- Find
- the uniform retardation of the car
 - the time taken to travel from a to b
 - the distance from b to d
 - the speed of the car at c , where c is the midpoint of $[bd]$.

Solution

$$\begin{aligned} a \text{ to } b: & \left. \begin{array}{l} u = 30 \\ v = 20 \\ s = 100 \end{array} \right\} v^2 = u^2 + 2as \quad \Rightarrow \quad a = \frac{v^2 - u^2}{2s} \quad \Rightarrow \quad a = \frac{400 - 900}{200} \\ & \Rightarrow \quad \boxed{a = -2.5 \text{ m/s}^2} \quad \dots(\text{i}) \end{aligned}$$

$$\begin{aligned} a \text{ to } b: & \left. \begin{array}{l} u = 30 \\ v = 20 \\ a = -2.5 \end{array} \right\} v = u + at \quad \Rightarrow \quad t = \frac{v - u}{a} \quad \Rightarrow \quad t = \frac{20 - 30}{-2.5} \\ & \Rightarrow \quad \boxed{t = 4 \text{ seconds}} \quad \dots(\text{ii}) \end{aligned}$$

$$\begin{aligned} a \text{ to } d: & \left. \begin{array}{l} u = 30 \\ v = 0 \\ a = -2.5 \end{array} \right\} v^2 = u^2 + 2as \quad \Rightarrow \quad s = \frac{v^2 - u^2}{2a} \quad \Rightarrow \quad s = \frac{0 - 900}{-5} \\ & \Rightarrow \quad \boxed{s = 180 \text{ m}} \quad \dots(\text{iii}) \end{aligned}$$

$$\begin{aligned} a \text{ to } c: & \left. \begin{array}{l} u = 30 \\ a = -2.5 \\ s = 140 \end{array} \right\} v^2 = u^2 + 2as \quad \Rightarrow \quad v = \sqrt{u^2 + 2as} \quad \Rightarrow \quad v = \sqrt{900 - 700} \\ & \Rightarrow \quad \boxed{v = \sqrt{200} = 10\sqrt{2} \text{ m/s}} \\ & \dots(\text{iv}) \end{aligned}$$

2004 – Ordinary Level – Question 1

Three points a , b and c , lie on a straight level road such that $|ab| = |bc| = 100$ m.

A car, travelling with uniform retardation, passes point a with a speed of 20 m/s and passes point b with a speed of 15 m/s.

- (i) Find the uniform retardation of the car.
- (ii) Find the time it takes the car to travel from a to b , giving your answer as a fraction.
- (iii) Find the speed of the car as it passes c , giving your answer in the form $p\sqrt{q}$, where $p, q \in \mathbb{N}$.
- (iv) How much further, after passing c , will the car travel before coming to rest? Give your answer to the nearest metre.

Solution

$$a \text{ to } b: \left. \begin{array}{l} u = 20 \\ v = 15 \\ s = 100 \end{array} \right\} v^2 = u^2 + 2as \quad \Rightarrow \quad a = \frac{v^2 - u^2}{2s} \quad \Rightarrow \quad a = \frac{225 - 400}{200}$$

$$\Rightarrow \quad a = -\frac{7}{8} \text{ m/s}^2 \quad \dots(\text{i})$$

$$a \text{ to } b: \left. \begin{array}{l} u = 20 \\ v = 15 \\ a = -\frac{7}{8} \end{array} \right\} v = u + at \quad \Rightarrow \quad t = \frac{v - u}{a} \quad \Rightarrow \quad t = \frac{15 - 20}{-\frac{7}{8}} = -5 \left(-\frac{8}{7} \right)$$

$$\Rightarrow \quad t = \frac{40}{7} \text{ seconds} \quad \dots(\text{ii})$$

$$a \text{ to } c: \left. \begin{array}{l} u = 20 \\ a = -\frac{7}{8} \\ s = 200 \end{array} \right\} v^2 = u^2 + 2as \quad \Rightarrow \quad v = \sqrt{u^2 + 2as} \quad \Rightarrow \quad v = \sqrt{400 + 2 \left(-\frac{7}{8} \right) (200)}$$

$$\Rightarrow \quad v = \sqrt{50} \quad \Rightarrow \quad v = 5\sqrt{2} \text{ m/s} \quad \dots(\text{iii})$$

$$c \text{ to rest:} \left. \begin{array}{l} u = 5\sqrt{2} \\ a = -\frac{7}{8} \\ v = 0 \end{array} \right\} v^2 = u^2 + 2as \quad \Rightarrow \quad s = \frac{v^2 - u^2}{2a} \quad \Rightarrow \quad s = \frac{0 - 50}{-\frac{7}{4}}$$

$$\Rightarrow \quad s \approx 29 \text{ m} \quad \dots(\text{iv})$$

2003 – Higher Level – Question 1(a)

The points p , q and r all lie in a straight line.

A train passes point p with speed u m/s. The train is travelling with uniform retardation f m/s². The train takes 10 seconds to travel from p to q and 15 seconds to travel from q to r , where $|pq| = |qr| = 125$ metres.

- (i) Show that $f = \frac{1}{3}$.
- (ii) The train comes to rest s metres after passing r .
Find s , giving your answer correct to the nearest metre.

Solution

$$\begin{array}{l}
 p \text{ to } q: \quad \left. \begin{array}{l} u = u \\ a = -f \\ t = 10 \\ s = 125 \end{array} \right\} s = ut + \frac{1}{2}at^2 \quad \Rightarrow \quad 125 = 10u - 50f \\
 \\
 \\
 \Rightarrow \quad \boxed{2u - 10f = 25} \quad \dots\text{Equation 1} \\
 \\
 p \text{ to } r: \quad \left. \begin{array}{l} u = u \\ a = -f \\ t = 25 \\ s = 250 \end{array} \right\} s = ut + \frac{1}{2}at^2 \quad \Rightarrow \quad 250 = 25u - \frac{625}{2}f \\
 \\
 \Rightarrow \quad 500 = 50u - 625f \\
 \Rightarrow \quad \boxed{-2u + 25f = -20} \quad \dots\text{Equation 2} \\
 \\
 \text{Equation 1} + \text{Equation 2:} \quad 15f = 5 \quad \Rightarrow \quad \boxed{f = \frac{1}{3} \text{ m/s}^2} \\
 \\
 \Rightarrow \quad \boxed{u = \frac{85}{6} \text{ m/s}}
 \end{array}$$

Assume train continues on and comes to rest at some point m :

$$p \text{ to } m: \quad \left. \begin{array}{l} u = \frac{85}{6} \\ a = -\frac{1}{3} \\ v = 0 \end{array} \right\} v^2 = u^2 + 2as \quad \Rightarrow \quad s = \frac{v^2 - u^2}{2a} \quad \Rightarrow \quad s = \frac{0 - \frac{7225}{36}}{-\frac{2}{3}} \approx 301$$

$$r \text{ to rest} = 301 - 250 = \boxed{51 \text{ metres}}$$